LIFE SAVER GUIDE FOR YOUR ERASMUS

University of Chieti & Pescara
Index

01 General info
1.1 About us
1.2 Where we are
1.3 How you can reach us
1.4 Incoming students Procedure

02 Our university
2.1 Training offer
2.2 Matriculation number
  2.2.1 Your studies
  2.2.2 Credit system & Exams

03 Our services
3.1 Italian language courses for foreign students
3.2 University cafeteria
3.3 Available solutions for accommodation:
   - Campus Circuito 71
   - Campus X
   - Private accommodation
3.4 Welcome Days

04 Cost of living
4.1 Comparison with your city
4.2 Main Supermarkets & Ideas to save money

05 Papers
5.1 Residence permit
5.2 Guide to the tax code (Fiscal Code)
5.3 Health care
  5.3.1 Emergency contacts

06 Transport
6.1 Transport in Pescara and Chieti
07 Useful contacts

7.1 Erasmus office
7.2 ESN Chieti Pescara
7.3 Erasmus delegates from each department

08 ESNcard

8.1 What is it for?
8.2 How to do it?
1

General info
1.1 About us

Pescara is a modern city on the Adriatic sea, the biggest city of Abruzzo, famous for being the hometown of Gabriele D’Annunzio, one of the most important Italian poets of the last century. Pescara is a very liveable city, with good public transportation and connections with the rest of the country and the world thanks to the airport, the railway station and the interregional bus transportation. The life cost is also very affordable for the students who choose to study at University of Chieti and Pescara "Gabriele D'Annunzio". The "Gabriele d'Annunzio" University, established in 1965 as a 'Libera Università' (non state-owned university), became state-owned in 1982. Today, it has 13 Departments and 2 Schools. There are two university campuses: one in Chieti, where the registered office of the university is located, along with the Rector’s and General Directorate’s office, and Pescara. This is the website of Our University: https://www.unich.it/mypage

1.2 Where we are

![University of Pescara](image1.png)

University of Pescara
Viale Pindaro 42, 65127
Tel. +39 085 45371

Campus Chieti
Via dei Vestini 31, 66013
Tel. +39 0871 3551

1.3 How you can reach us

FROM THE AIRPORT (PESCARA) TO THE UNIVERSITY IN PESCARA:
30 minutes :
- Walk from the airport to VIA TIBURTINA VALERIA (bus stop n. 307 )
- Take the bus called "PESCARA VIA CHIETI SCALO", you have to get off the bus in "PIAZZALE REPUBBLICA-TERMINAL BUS"
- Take the bus called "PESCARA-ORTONA" and get off the bus in "VIALE GUGLIELMO MARCONI 122"
- From there, 3 minutes walking to get to the University.

Or
- Walk from the airport to VIA CAMILLO BENSO CONTE DI CAVOUR 16 (13 min)
- Take the bus n. 6 for "SAMBUCEO-MONTESILVANO" and get off the bus in "università"
- The University will be a few minutes on foot from there.
FROM THE CENTRAL STATION OF PESCARA TO THE UNIVERSITY IN PESCARA:
16-20 minutes:
- Walk from the station to PIAZZALE REPUBBLICA- TERMINAL BUS (4 min)
- Take the bus n. 7 for "SAN SILVESTRO" and get off the bus in "UNIVERSITÀ-TRIBUNALE" (10 min)

Or
- Take the bus n. 21 for "FRANCAVILLA FORO"

Or
- Take the bus for "ORTONA" and get off the bus in VIALE GUGLIELMO MARCONI 122 (10 min)
- The University will be a few minutes on foot from there.

FROM THE AIRPORT (PESCARA) TO THE UNIVERSITY IN CHIETI:
30 minutes:
- Walk from the airport to VIA TIBURTINA VALERIA (bus stop 307)
- Take the bus for "CHIETI-VIA OSPEDALE-UNIVERSITÀ" and get off the bus in "UNIVERSITÀ DI CHIETI G.D'ANNUNZIO"
- The University will be a few minutes on foot from there.

FROM THE CENTRAL STATION (CHIETI) TO THE UNIVERSITY IN CHIETI:
15-30 minutes:
- Walk from the station to VIALE BENEDETTO CROCE (2 min)
- Take the bus n. 1 for "PIAZZALE S.ANNA - OSPEDALE CLINICIZZATO-UNIVERSITÀ" and get off the bus in UNIVERSITÀ G.D'ANNUNZIO CAMPUS DI CHIETI
- The University will be a few minutes on foot from there.

Or
- Walk from the station to VIA COLONNETTA
- Take the bus n. 3/ for "SAN MARTINO" and get off the bus in "VIA PESCARA 132"
- The University will be a few minutes on foot from there.

Or
- Walk from the station to VIA PALIZZI 10
- Take the bus n. 1/ for "PIAZZALE MARTIRI PENNESI" and get off the bus in VIA COLLE DELL'ARA
- The University will be a few minutes on foot from there.

Anyway, we suggest to download two useful apps: Google Maps and Moovit!
1.4 Incoming students Procedure

BEFORE ARRIVAL
Ensure that you have completed the Application Form and emailed the Learning Agreement with signatures on these documents (student signature, home university and receiving), to the incoming@unich.it email address.

UPON YOUR ARRIVAL
Once you have reached Chieti or Pescara, inform the Erasmus office and ask for the certificate of arrival (Saturdays and Sundays will not be taken into account, as they’re not working days. The certificate will be issued indicating your day of arrival as Monday.)

DURING YOUR STAY
If you need to change one or more subjects that you do not like or do not fit your program, you can change those subjects.
Deadlines:
• First semester: November 30th
• Second Semester: February 28th
Students that, during the mobility, decide to extend it, must provide the extension certificate 30 days before the end of their stay.
The rules are applied to both, 1st and 2nd semester.

UPON YOUR DEPARTURE
Ask for the End of Stay Certificate indicating the date of your departure (make sure the date doesn’t match up with weekends) and the Transcript of Records (make sure all grades have been uploaded to your personal page).

NOTES
While applying to lectures and exams, make sure that the subject’s name, code and CFU match those in your Learning Agreement. The CFU’s reported will be those indicated by the professor, not those shown in your Learning Agreement.
Our university
2.1 Training offer

Here you can find all the courses in English divided into both 1st Cycle (Bachelor's Degree) and 2nd Cycle (Master's Degree), and in Departments:
https://en.unich.it/teaching/courses-offeredstudy-courses-20222023-academic-year
or here in Italian:
https://www.unich.it/offer2223it

OPENING AND CLOSING OF THE ACADEMIC YEAR
The beginning of the academic year is scheduled for October 1st and the end on September 30th.
The departments, in the context of teaching autonomy, are authorized to anticipate the start and the end of classes.

HOLIDAYS AT THE UNIVERSITY
Public holidays are Sundays and the following days:
- October 10th for the city of Pescara (S. Cetteo, patron saint of Pescara)
- November 1st (All Saints Day)
- December 8th (Festa dell’Immacolata)
- From December 23rd to January 5th (Christmas Holidays)
- From the Thursday before Easter to the following Tuesday
- April 25th (Anniversary of the Italian Liberation)
- May 1st (Labor Day)
- May 11th for the city of Chieti (San Giustino, patron saint of Chieti)
- June 2nd (Italian Republic Day)
2.2 Matriculation number

The matriculation number will be issued right after the communication of the arrival’s day, which needs to be sent via email at the “incoming@unich.it” email address. As soon as possible, you will receive an answer from the office and you will be assigned with your matriculation number and your new institutional email. (Example: matricola 3628457; email: mario.rossi@studenti.unich.it)
2.3 Your studies

CHIETI

Department of Medicine and Aging Sciences
Student Office
Staff
Web Site

Department of Neurosciences, Imaging and Clinical Sciences
Student Office
Staff
Web Site

Department of Psychological, Humanistic and Territorial Sciences
Student Office
Staff
Web Site

Department of Medical and Oral Sciences and Biotechnologies
Student Office
Staff
Web Site

Pharmacy Department
Student Office
Staff
Web Site

PESCARA

Economics Department
Student Office
Staff
Web Site

Department of Legal and Social Sciences
Student Office
Staff
Web Site

Department of Business Administration
Student Office
Staff
Web Site

Architecture Department
Student Office
Staff
Web Site

Department of Engineering and Geology
Student Office
Staff
Web Site

Department of Humanities, Art and Social Science
Student Office
Staff
Web Site

Department of Modern Languages, Literatures and Cultures
Student Office
Staff
Web Site

Department of Philosophical, Pedagogical and Economic-Quantitative Sciences
Student Office
Staff
Web Site
Here you can find the courses offered by the University: 1st Cycle (Laurea Triennale) and 2nd Cycle (Laurea Magistrale) and how the studies are organised in Italy.

**1ST CYCLE DEGREE**

**BIOMEDICAL ENGINEERING (open access)**
L-9 - CLASS OF FIRST DEGREES IN INDUSTRIAL ENGINEERING

**BIOMEDICAL LABORATORY TECHNIQUES (nationally planned access)**
L/SNT3 - CLASS OF FIRST DEGREES IN TECHNICAL HEALTHCARE PROFESSIONS

**BUILDING ENGINEERING (open access)**
L-23 - CLASS OF FIRST DEGREES IN BUILDING SCIENCES

**BUSINESS ADMINISTRATION (open access)**
L-18 - CLASS OF FIRST DEGREES IN BUSINESS ADMINISTRATION

**BUSINESS LAW (open access)**
L-14 - CLASS OF FIRST DEGREES IN LEGAL SERVICES

**CARDIOCIRCULATORY AND CARDIOVASCULAR PERFUSION TECHNIQUES (nationally planned access)**
L/SNT3 - CLASS OF FIRST DEGREES IN TECHNICAL HEALTHCARE PROFESSIONS

**CULTURAL HERITAGE (open access)**
L-1 - CLASS OF FIRST DEGREES IN CULTURAL HERITAGE

**DENTAL HYGIENE (nationally planned access)**
L/SNT3 - CLASS OF FIRST DEGREES IN TECHNICAL HEALTHCARE PROFESSIONS

**DESIGN (locally planned access)**
L-4 - CLASS OF FIRST DEGREES IN INDUSTRIAL DESIGN

**DIETISTIC (nationally planned access)**
L/SNT3 - CLASS OF FIRST DEGREES IN TECHNICAL HEALTHCARE PROFESSIONS

**ECONOMICS AND COMMERCE (open access)**
L-33 - CLASS OF FIRST DEGREES IN ECONOMICS

**ECONOMICS AND BUSINESS INFORMATICS (open access)**
L-33 - CLASS OF FIRST DEGREES IN ECONOMICS

**ECONOMICS, FIRMS AND FINANCIAL MARKETS (open access)**
L-33 - CLASS OF FIRST DEGREES IN ECONOMICS

**ENVIRONMENT AND WORKPLACE PREVENTION TECHNIQUES (nationally planned access)**
L/SNT4 - CLASS OF FIRST DEGREES IN HEALTHCARE PREVENTION PROFESSIONS

**OUR UNIVERSITY**
FOREIGN LANGUAGES AND LITERATURES (open access)
L-11 - CLASS OF FIRST DEGREES IN MODERN LANGUAGES AND CIVILIZATIONS

GEOLOGICAL SCIENCES (open access)
L-34 - CLASS OF FIRST DEGREES IN EARTH SCIENCES

HEALTH ASSISTANCE (nationally planned access)
L/SNT4 - CLASS OF FIRST DEGREES IN HEALTHCARE PREVENTION PROFESSIONS

HUMANITIES (open access)
L-10 - CLASS OF FIRST DEGREES IN HUMANITIES

IMAGING AND RADIOTHERAPY TECHNIQUES (nationally planned access)
L/SNT3 - CLASS OF FIRST DEGREES IN TECHNICAL HEALTHCARE PROFESSIONS

LINGUISTIC MEDIATION AND INTERCULTURAL COMMUNICATION (open access)
L-12 - CLASS OF FIRST DEGREES IN APPLIED LANGUAGES

MANAGEMENT AND ECONOMICS (open access)
L-18 - CLASS OF FIRST DEGREES IN BUSINESS ADMINISTRATION

MIDWIFERY (nationally planned access)
L/SNT1 - CLASS OF FIRST DEGREES IN HEALTHCARE NURSING PROFESSIONS AND HEALTHCARE OBSTETRIC PROFESSION

NURSING (nationally planned access)
L/SNT1 - CLASS OF FIRST DEGREES IN HEALTHCARE NURSING PROFESSIONS AND HEALTHCARE OBSTETRIC PROFESSION

OCCUPATIONAL THERAPY (nationally planned access)
L/SNT2 - CLASS OF FIRST DEGREES IN HEALTHCARE REHABILITATION PROFESSIONS

ORTHOPTIC AND OPHTHALMOLOGIC ASSISTANCE (nationally planned access)
L/SNT2 - CLASS OF FIRST DEGREES IN HEALTHCARE REHABILITATION PROFESSIONS

PHILOSOPHY AND EDUCATION SCIENCES (open access)
L-19 - CLASS OF FIRST DEGREES IN EDUCATION AND TRAINING

PHYSICAL ACTIVITY AND SPORT SCIENCES (locally planned access)
L-22 - CLASS OF FIRST DEGREES IN SPORTS AND PHYSICAL EDUCATION

PHYSIOTHERAPY (nationally planned access)
L/SNT2 - CLASS OF FIRST DEGREES IN HEALTHCARE REHABILITATION PROFESSIONS

PROFESSIONAL DEGREE IN BUILDING AND LAND MANAGEMENT
(locally planned access)

PSYCHOLOGICAL SCIENCES (locally planned access)
L-24 - CLASS OF FIRST DEGREES IN PSYCHOLOGY

OUR UNIVERSITY
SOCIAL WORK (open access)
L-39 - CLASS OF FIRST DEGREES IN SOCIAL WORK

SOCIOLOGY AND CRIMINOLOGY (open access)
L-40 - CLASS OF FIRST DEGREES IN SOCIOLOGY

SPEECH AND LANGUAGE THERAPY (nationally planned access)
L/SNT2 - CLASS OF FIRST DEGREES IN HEALTHCARE REHABILITATION PROFESSIONS

SUSTAINABLE HABITAT SCIENCES (open access)
L-21 - CLASS OF FIRST DEGREES IN TOWN, REGIONAL AND ENVIRONMENTAL PLANNING

SUSTAINABLE TECHNOLOGIES AND ENVIRONMENTAL TOXICOLOGY (locally planned access)
L-29 - CLASS OF FIRST DEGREES IN PHARMACY

2ND CYCLE DEGREE

ADVANCED EDUCATIONAL SCIENCES (open access)
LM-85 - EDUCATION

BIOMEDICAL ENGINEERING (open access)
LM-21 - CLASSE DELLE LAUREE MAGISTRALI IN INGEGNERIA BIOMEDICA

BUILDING ENGINEERING (open access)
LM-24 - CONSTRUCTION ENGINEERING

BUSINESS ADMINISTRATION (open access)
LM-77 - MANAGEMENT

CLINICAL AND HEALTH PSYCHOLOGY (locally planned access)
LM-51 - PSYCHOLOGY

COMPUTATIONAL COGNITIVE SCIENCE (open access)
LM-55 - CLASSE DELLE LAUREE MAGISTRALI IN SCIENZE COGNITIVE

CULTURAL HERITAGE: ARCHAEOLOGY AND HISTORY OF ART (open access)
LM-2 - ARCHAEOLOGY

DIGITAL MARKETING (open access)
LM-77 - MANAGEMENT

ECO INCLUSIVE DESIGN (open access)
LM-12 - CLASSE DELLE LAUREE MAGISTRALI IN DESIGN

ECONOMICS AND BEHAVIORAL SCIENCES (open access)
LM-56 - ECONOMICS

OUR UNIVERSITY
ECONOMICS AND BUSINESS ANALYTICS (open access)
LM-56 - ECONOMICS

ECONOMICS AND COMMERCE (open access)
LM-56 - ECONOMICS

ECONOMICS AND FINANCE OF FIRM AND ECOSYSTEMS (open access)
LM-56 - ECONOMICS

FOOD AND HEALTH SCIENCES (open access)
LM-61 - HUMAN NUTRITION

GEOLOGICAL SCIENCES AND TECHNOLOGIES OF EARTH AND PLANETS (open access)
LM-74 - GEOLOGY

LEGAL SCIENCES FOR INTERNATIONALISATION AND BUSINESS INNOVATION (open access)

MANAGEMENT AND ECONOMICS (open access)
LM-77 - MANAGEMENT

MODERN LANGUAGES FOR MANAGEMENT AND INTERNATIONAL COOPERATION (open access)
LM-38 - MODERN LANGUAGES FOR COMMUNICATION AND INTERNATIONAL COOPERATION

MODERN LANGUAGES, LITERATURES AND CULTURES (open access)
LM-37 - MODERN AMERICAN AND EUROPEAN LANGUAGES AND LITERATURE

NURSING AND MIDWIFERY SCIENCES (nationally planned access)
LM/SNT1 - NURSING AND MIDWIFERY

PHILOLOGY, LINGUISTICS AND LITERARY TRADITIONS (open access)
LM-14 - MODERN PHILOLOGY

PHILOSOPHICAL SCIENCES (open access)
LM-78 - PHILOSOPHY

PLANETARY GEOSCIENCES (open access)
LM-74 - GEOLOGY

POLICIES AND MANAGEMENT FOR WELFARE (open access)
LM-87 - SOCIAL SERVICES AND POLICIES

PSYCHOLOGY (locally planned access)
LM-51 - PSYCHOLOGY

PSYCHOLOGY OF WELL-BEING AND PERFORMANCE (open access)
LM-51 - PSYCHOLOGY

OUR UNIVERSITY
SCIENCES AND TECHNIQUES OF PREVENTIVE AND ADAPTED PHYSICAL ACTIVITIES.
(open access)
LM-67 - SPORT SCIENCE FOR PREVENTION AND REHABILITATION

SOCIAL RESEARCH, SECURITY POLICY AND CRIMINAL STUDIES (open access)
LM-62 - POLITICAL SCIENCES

SINGLE CYCLE DEGREE 5 YEARS

ARCHITECTURE (nationally planned access)
LM-4 C.U. - ARCHITECTURE AND ARCHITECTURAL ENGINEERING

MEDICINAL CHEMISTRY AND PHARMACEUTICAL TECHNOLOGY (locally planned access)
LM-13 - PHARMACY AND INDUSTRIAL PHARMACY

PHARMACY (locally planned access)
LM-13 - PHARMACY AND INDUSTRIAL PHARMACY

SINGLE CYCLE DEGREE 6 YEARS

MEDICINE AND SURGERY (nationally planned access)
LM-41 - MEDICINE

SCHOOL OF DENTAL MEDICINE (nationally planned access)
LM-46 - DENTISTRY AND ORTHODONTICS
2.3.1 Credit system & Exams

The Italian university system for the bachelor program is made of a total of 180 CREDITI FORMATIVI UNIVERSITARI (CFU) that the students have to collect to get a degree. As regarding the voting of every single exam, the scale goes from the mark 0 to the mark 30 with also the possibility to get 30 CUM LAUDE. The minimum to pass an exam is 18.

If you want to search for an exam, this link may be useful for you: https://unich.esse3.cineca.it/ListaAppelliOfferta.do

In the following link, you can find the conversion tables-ETCS Grading System: https://www.unich.it/didattica/international/international-students/exchange-student/erasmus-exchange-study/conversion

INSTRUCTIONS OF HOW TO REGISTER FOR EXAMS:
In order to register for the exams there are two different ways:
- through the online Ud'A platform: https://unich.esse3.cineca.it
- by downloading for free the app called “Ud'A” that you can easily find in the Play Store or in the App Store

1st method: Website
1 - Click on the Menu that is represented by the 3 bars in the upper right corner;
   If you did not receive the password or the matriculation number, please send an email to incoming@unich.it
2 - Log in using as username the matriculation number and the password received by email;
   (Example: username: 3628457; Password: 2SYHYOKE)
3 - Then click on “Exams”, then “Exam session” and you will get a list with all the subject and their exam’s days. In this table is indicated, the name of the subject, the day of the exam and the available time in which you can register for the exam. In the left colon of this table, you will find either a red ban symbol or a blue symbol of a book. The exam is available for the booking only if there is a blue symbol;
4 - In order to complete the booking, click on the blue symbol, then on reserve and then on the word in blue “Click Here”;
5 - On this page you have to fill in a survey: click the red symbol on the right-hand side of the table line. Once the survey is filled in, it must be confirmed and then you can proceed with the reservation.

**2nd method: App**

1 - Open the application called "Ud'A". Log in using as username the matriculation number and the password received by email; (Example: username: 3628457; Password: 2SYHYOKE)

2 - Tap on the icon Questionnaires, which is linked to your subject's exams, and afterwards fill it in. Once you have completed it, you have to confirm it.

3 - By selecting the icon with the text "Exams Calendar" you will be able to have a look at the courses that you have decided to attend in your Learning Agreement (LA)

4 - Then in column "Bookable" click on your subject's exams and later on the day you want to book the exam. If they are available for the booking, you will be shown a green icon. Lastly you have to click on "Subscribe".

**PAY ATTENTION: Before you register for the exam, make sure that the professor's name is matching yours, otherwise you have to send an email explaining the problem in details: the professor's name, the name of the graduation course and the name of the followed lesson.**
Our services
3.1 Italian language courses for foreign students

The University of Chieti-Pescara will arrange an Italian language course for Erasmus incoming students at the beginning of each semester of study.

The course will be held after the arrival in a face-to-face class.

Before the arrival and during the welcome days the incoming student will receive all information in order to attend the Italian language class.
When the student submits the application, they simultaneously submits the request for the canteen service. This is the link where you can find the annual scholarship call announcement for Ud’A and for Conservatory: https://www.adsuchietipescara.it/bandi-borse-di-studio (every year the call announcement is different)

**UD’A CANTEEN SERVICE INFORMATION**
Erasmus students can access our university canteen, with a minimum cost set in cash (not with card) for each individual meal of €3.30.
To access you have to register at the following link and follow the attached information: https://adsuch-sol.dirittoallostudio.it/apps/V3.1/sol/public/

**PROCEDURE:**
1 - Go to the website www.adsuchietipescara.it
2 - Click on "Online desk"
3 - Click on "Accreditation", enter personal data and fill in the pages until CONFIRMATION
4 - Click on "Login"
5 - Enter the section "MENSA OTHER USERS" and enter the required data until CONFIRMATION
6 - Download the ADSUCH.eat application to your cell phone
7 - Follow the procedure in the file below to issue the QR-code

**CANTEEN REGULATION**
https://www.adsuchietipescara.it/images/pdf/REGOLAMENTO_MENSA_a_a_2021_2022_1.pdf
Notes to follow:
ACCESS TO THE CATERING SERVICE IS BASED ON TWO RANGES:
1^ RANGE: INCLUDES THE COST OF €. 2.00 PER MEAL
2^ RANGE: INCLUDES THE COST OF €. 3.30 AT MEAL
Erasmus students are automatically included in the 2nd range.
PROCEDURE IN ORDER TO COMPLETE THE 2nd RANGE APPLICATION:
1 - Connect to the website www.adsuchietipescara.it and follow the path below on the home page of the website: SPORTELLO ONLINE
2 - ACCREDITATION: enter your data and fill in the online pages until confirmed;
3 - LOGIN: enter the Canteen Request section and enter the requested data on each page up to the CONFIRM box which must be selected in order to proceed the application to this ADSU;

Students who do not intend to enter their ISEE values in the application (because they are higher than the indicated limit or because they do not match the merit requirements) on the online application page relating to the allocation of the bracket, can select YES under the item: "The undersigned DOES NOT declare own merit and income data and therefore requests to be placed in LEVEL II provided for access to the canteen at the cost of EURO 3.30 per meal". By clicking YES, the student will not be asked for data on merit and income, with the consequent attribution of the 2nd RANGE.

Erasmus students will have to fill in the application for access to the catering service according to the following procedure:
1 - Connect to the website www.adsuchietipescara.it and follow the path below the home page of the website: ONLINE COUNTER
2 - Accreditation: enter your data and fill in the online pages until confirmed;
3 - Enter the CANTEEN section OTHER USERS A.Y. 2022/2023
4 - Check the "Erasmus" box
5 - Confirm access to the restaurant service is via QR code.

QR CODE RELEASE
https://www.adsuchietipescara.it/images/qr_code.pdf

The opening hours of the Pescara canteen are:
**LUNCH**  Monday - Friday: 11:40-14:40 ___ Saturday - Sunday 11:40-14:00
**DINNER**  Monday - Friday: 18:45 - 21 ___ Saturday - Sunday 18:45 - 20:45

**THIS IS SOME INFO & CONTACTS THAT MIGHT BE USEFUL TO YOU:**

Manager of Pescara's office canteen:
*Dottoressa Sarracino*
Phone: 0854549592
Email: silvia.sarracino@adsuch.it

Office address in Pescara:
*Viale Marconi, 189*

Opening hours of the Pescara's office are:
- From Monday to Friday from 9.30 to 12.30
- Tuesday and Thursday also from 15.30 to 16.30

Contacts for Chieti's office canteen:
*Dottor Ciammaichella*
*Dottoressa De Sanctis*
Phone: 0871 561740

Opening hours of the Chieti's office are:
- Monday Wednesday Friday from 9.30 to 12.00
- Tuesday and Thursday also from 15.00 to 16.30
Available solutions for accommodation

CAMPUS CIRCUITO 71

Located in **Pescara**, is a residence for university students in Pescara and Chieti. The residence is beautiful, new, elegant, comfortable and functional and can accommodate twenty-two students in single, and double rooms. The campus offers a wide range of residential, educational and recreational activities, together with meal service. Campus Circuit 71 is not just a student residence: it is a place designed to support students in the fascinating years of college, opening horizons and contributing to their human and personal growth. To this purpose, the facility offers a tutor service and organizes various activities in which guests can freely decide to participate (meetings with university faculty and staff, meetings with entrepreneurs and personalities from business and society, language courses, educational activities, recreational events, cineforums, parties...)

For more information, please fill out the following form: https://www.circuito71.it/en/contatti
Located in Chieti between the urban and the natural, CAMPUS X Chieti is the embodiment of the vision of a "Campus in the Fields". 313 student campus accommodations form almost a small autonomous city within the city, connected to nature and G. D'Annunzio University. CX campuses offer spaces and a wide range of amenities designed to help you focus on your goals and what you really enjoy (Gym, Restaurant, Play zone, Party zone...)

For more information, call +39 0871 540677 or write to hello.chieti@cx-place.com
If you study in Pescara:
It’s very important to find the right location. Pescara is not too big, but we suggest looking in the square area above. Doing in this way, you would stay near your University building and near that places where you can find young people going out together.

If you study in Chieti:
Even though you might need to attend your classes in Chieti, you still can rent a room in Pescara, from where you can easily hop on a train/bus to reach the University and hangout during the evening.
ESN association is based in Pescara and that’s where a lot of events and fun activities will take place, so that your Erasmus experience will be totally unforgettable!
You can look for accommodation on the net, for example on Facebook. Here we suggest you some of the best FB’s groups at this link: https://www.facebook.com/groups/793611187365052 or this one too: https://www.facebook.com/groups/106482266903874

Another way is on websites where there are a lot of announcements about houses for rent: https://www.idealista.it/affitto-stanze/pescara/portanuova/ or https://www.subito.it/annunci-abruzzo/affitto/immobili/pescara/pescara/?q=pescara+portanuova
Welcome Days are characterized with events organized especially for you!

ESN Chieti Pescara together with University will welcome you in Chieti and Pescara and you will have the opportunity to meet other Erasmus students!
Generally, it will start with a welcome conference at the university to clarify any doubts about the university in Italy. Then, there will be sport events, parties, city tour of Pescara and cultural events!

You can attend all events or only those you like the most.
For more information on the events’ days, don’t forget to follow the ESN Instagram page!
https://www.instagram.com/esnchietipescara/
4

Cost of living
4.1 Comparison with your city

Through https://it.numbeo.com/costo-della-vita/pagina-iniziale it is possible to compare the costs of living in Pescara with those in your home town. In addition, you can also get information regarding other parameters such as, for example, the quality of life or the crime rate.

**EXAMPLE**

Select Location: [Pescara] Or [---Select Country---]

![Map showing cost of living comparison](image)

**Cost of Living in Pescara**

<table>
<thead>
<tr>
<th>Index</th>
<th>Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cost of Living Index (Excl. Rent): 64.00</td>
<td>10.00</td>
</tr>
<tr>
<td>Rental Index: 15.28</td>
<td></td>
</tr>
<tr>
<td>Grocery Index: 51.61</td>
<td></td>
</tr>
<tr>
<td>Index of Restaurants: 67.44</td>
<td></td>
</tr>
<tr>
<td>Cost of living index including rent: 40.53</td>
<td></td>
</tr>
<tr>
<td>Local Purchasing Power: 58.66</td>
<td></td>
</tr>
</tbody>
</table>

Do you live in Pescara? Add data for Pescara

**Currency:** [EUR] [Edit]

**Restaurants**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meal, Cheap Restaurant</td>
<td>€18.00</td>
<td>10.00 - 29.63</td>
</tr>
<tr>
<td>Meal for 2, Average Restaurant, Three Courses</td>
<td>€60.00</td>
<td>40.00 - 70.00</td>
</tr>
<tr>
<td>McDonald’s menu (or equivalent menu)</td>
<td>€9.00</td>
<td>6.00 - 9.50</td>
</tr>
<tr>
<td>Domestic beer (0.5L on tap)</td>
<td>€4.75</td>
<td>3.50 - 5.00</td>
</tr>
<tr>
<td>Imported Beer (0.33L bottle)</td>
<td>€3.75</td>
<td>3.00 - 5.00</td>
</tr>
<tr>
<td>Cappuccino (regular)</td>
<td>€1.44</td>
<td>1.00 - 1.50</td>
</tr>
<tr>
<td>Coca/Pepsi (0.33L bottle)</td>
<td>€2.75</td>
<td>2.50 - 3.00</td>
</tr>
<tr>
<td>Water (0.33L bottle)</td>
<td>€1.00</td>
<td>1.00 - 1.50</td>
</tr>
</tbody>
</table>

**Expense**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>Milk (regular), (1L)</td>
<td>€1.18</td>
<td>0.80 - 1.50</td>
</tr>
<tr>
<td>Loaf of fresh white bread (500g)</td>
<td>€1.60</td>
<td>0.75 - 3.06</td>
</tr>
<tr>
<td>Rice (white), (1kg)</td>
<td>€2.17</td>
<td>1.20 - 2.79</td>
</tr>
</tbody>
</table>
4.2 Main Supermarkets & Ideas to save money

Main supermarkets in Pescara:
- CONAD - Piazza Salvo D’Acquisto, 45
- CONAD - Viale Amerigo Vespucci, 82
- Carrefour Market - Via Italica
- Supermercato Tigre - Via Fernando Francesco d’Avalos, 213
- Supermercato Tigre - Viale G. Marconi, 136
- Lidl - Via Socrate, 3
- Eurospar - Viale Pindaro, 14
- MD S.p.A. - Via Tirino, 95

Ideas to save money in Pescara:
- Mercato di Via Pepe - Viale Pepe
  On Monday mornings from 8 a.m. to 1 p.m.,
  you can buy food and clothes at cheap prices
  at the Via Pepe market, located 5 minutes
  away from the University of Pescara.

Main supermarkets in Chieti:
- Megalò Centro Commerciale
- Todis Supermercato, Viale B. Croce, 629
- Supermercato Tigre Amico, Viale B. Croce, 299
- Dpiù Supermercato - Via Pescara, 223
- Lidl - Viale Abruzzo, 419
- Eurospin - Viale Abruzzo, 330
- Eurospin - Viale della Unità D’Italia
- Conad, Via Papa Giovanni Paolo II, 15

Ideas for saving in Chieti and Pescara:
- TooGoodToGo App
  If you download the app, you will have the access to short-expiry food products at very
discounted prices. The app aims to reduce food waste and safeguard the well-being of our
planet.
5 Papers
5.1 Residence permit

**IMMIGRATION REQUIREMENTS**
European citizens (coming from countries that belong to the European Union) from April, 11th 2007 are not required to apply for the residence permit. They must register at the registration office (l’ufficio dell’**Anagrafe**) of the town of residence, showing that their stay in Italy will last longer than 3 months. They have to provide the Anagrafe office with an "autocertificazione" (self declaration) attesting the enrollment in Università Gabriele d’Annunzio, a statement concerning the **income** and a valid **health insurance**.

**NON- EU CITIZENS - RESIDENCE PERMIT**
The Italian law on immigration requires that non-EU citizens, planning to stay in Italy for more than 3 months, have to apply for the **residence permit** within 8 working days from their arrival in Italy. People with dual nationality (Italian or EU/ExtraEU) do not need to apply for the residence permit.
Non-EU citizens have to submit the residence permit application at any post office where there is a “Sportello Amico” counter. You can also receive assistance at any **Patronato office**.
DOCUMENTS TO SUBMIT FOR THE APPLICATION:
- Application form correctly filled in and signed from the concerned person.
- Passport, or equivalent travel document, still valid with a Visa for entry attached.
- Photocopy of the full Passport.
- Attestation certifying the course of study in the Receiving University with the Visa released by the Italian Diplomatic/Consular Mission upon issuance of the entry Visa.
- Photocopy of the insurance policy, valid in the national territory, for the period of validity of the residence permit, against the risk of sickness or injury.
- 4 passport-size photos, recent and identical.
- Stamp duty of € 16,00.
- Receipt of payment of € 30,46 and € 30,00 for the delivery service of the practice via Poste Italiane.
- Rental agreement or declaration of hospitality accompanied by an identity document of the host person.
- Economic Certification: foreigners who intend to come to Italy for study must demonstrate that they have sufficient resources to ensure their subsistence during the planned stay.

The economic availability can be demonstrated by personal or economic guarantees provided by institutions and Italian organizations or foreign institutions and bodies considered as reliable by the Italian Diplomatic Authority (for example: bank c/c, bank guarantees, bank or insurance guarantee policies, etc...).

THE PROCEDURE

a) Find the forms you need.

b) Submit the Application.
Forms can be found in the special kit available in every “Poste Italiane” office. Forms must be filled in capital letters, with a black pen and within the appropriate spaces.

c) Photo-reporting.
The request must be submitted by the person concerned in an open envelope at the post offices. At the time of submission of the request at the post office enabled, the foreigner will be identified with a Passport or other equivalent document.

The Poste Italiane operator will deliver the foreigner:
- Proof of Registration Letter to be kept. On the receipt there are two personal identification codes (user id and password) through which the applicant can check the status of the practice by connecting to www.portaleimmigrazione.it or check on the website of the Questura if the residence permit is ready for collection.
The meeting day in the Questura, the student must have the following documents:
- 4 passport-size photos (white background).
- Copy of documents sent with the kit.
- Passport (original).
- Receipt of the Registered Letter (Raccomandata) of the kit.
- The communication of the date on which the foreigner must appear to Questura for the photoreporting 4 photos and a further copy of the documents already sent in the kit and will be delivered by the foreigner, who will also be fingerprinted.
- Stamp Duty of € 16,00, you can buy it at the Tobacconist’s (Tabacchi shop);
- € 30,46 for the issuing of the electronic residence permit valid for 1 year.
- € 30,00 to pay via Poste Italiane (cost of the service) at the moment of the sending.

WHERE DO YOU HAVE TO GO?

POST OFFICE CENTRAL PESCARA
Address: Corso Vittorio Emanuele 106, 65121 Pescara PE
Here’s a map with other addresses: Click here
Telephone number: +39 085 4279616
Timetables: from Monday to Friday 8:00-18:30, Saturday 8:00-12:30

QUESTURA OF PESCARA (IMMIGRATION OFFICE)
Address: Via Pesaro 7, 65121 Pescara PE
Telephone number: +39 085 20571
Email: immig.guest.pe@pecps.poliziadistato.it
Timetables:  

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lunedì</td>
<td>09.00-13.00</td>
</tr>
<tr>
<td></td>
<td>15.00-17.00</td>
</tr>
<tr>
<td>Martedì</td>
<td>09.00-13.00</td>
</tr>
<tr>
<td></td>
<td>15.00-16.00</td>
</tr>
<tr>
<td>Mercoledì</td>
<td>09.00-13.00</td>
</tr>
<tr>
<td></td>
<td>15.00-17.30</td>
</tr>
<tr>
<td>Giovedì</td>
<td>09.00-13.00</td>
</tr>
<tr>
<td>Venerdì</td>
<td>09.00-13.00</td>
</tr>
<tr>
<td>Sabato</td>
<td></td>
</tr>
<tr>
<td>Domenica</td>
<td></td>
</tr>
</tbody>
</table>

HOW TO CHECK THE STATUS OF YOUR RESIDENCE PERMIT APPLICATION
You can check the status of your application on this link:  
http://questure.poliziadistato.it/stranieri/?mime=1&lang=EN
filling in the empty space with your PASSWORD (the one on your postal receipt) always without the hyphen.
5.2
Guide to the tax code (Fiscal Code)

The Fiscal Code (Codice Fiscale) is a code made of letters and numbers on the basis of your first name, family name, date and place of birth and it is used by the Public Administration to identify the citizens living in Italy. All those living in Italy need to have their own. It is possible to receive it at the local Revenue Agency (Uffici Locali dell’Agenzia delle Entrate), bringing along the passport / Identity Card.

The Revenue Agencies in Pescara is located in: Piazza Italia, 15 65121, Pescara
They will give you a module to sign and you will receive a copy of your FISCAL CODE/CODICE FISCALE.

The Fiscal Code is necessary, to apply for the residence permit, to sign the leasing contract, to open a bank account, to enter into a tenancy agreement, to receive medical care attention, to earn a salary and carry out other procedures/activities. If the Codice Fiscale gets lost or stolen, a duplicate can be requested at the local Revenue Agency.

PAY ATTENTION: Non-European students MUST bring along the passport
In order to have the Fiscal Code is necessary to reserve an appointment at the Agenzia delle Entrate
You could follow this tutorial to book an appointment. We clarify that we are not linked to this person. So please don’t contact him to get help. Only follow the tutorial and if you need contact the ESN Chieti Pescara!

PAY ATTENTION: Non-European students with a second European citizenship: for the Italian law, the European citizenship prevails on the non-European one. Therefore, the Fiscal Code will be done according to the name/s on the European passport.
5.3 Health insurance

EU CITIZENS
Students from the European Union member countries, who upon the arrival have the TEAM card or the E106 Form (statement of the original European Health Card issued by their country), can have access to the same services as the Italian citizens, offered by the Italian National Health Service (SSN).

The assistance of a family doctor is guaranteed if you have an ID card (identity card) and the original European Health Card (TEAM) or a substitutive statement (Modello E106). In this case it is possible to go directly to a family doctor affiliated with the National Health Service, both for health problems and/or to ask for medical prescriptions. The ASL (Local Health Authority) will request the reimbursement to the competent foreign institution, according to the rules of the National Health Service of the country of provenance of the student.

For more information, it is necessary to apply at the A.S.L. in the area of residence or visit the website: https://www.asl.pe.it/DettaglioStruttura.jsp?id=30&idSezione=11

The list of doctors is available here: https://www.asl.pe.it/DettaglioStruttura.jsp?id=227

NON-EU CITIZENS
The immigration law requires you to take out a health insurance during your stay in Italy.

- If you take out a private insurance in your country, please remember that, in order to be valid in Italy for obtaining the residence permit, it needs to have the following requirements:
  - it has to be taken out in the holder’s name (in western characters)
  - it has to be written in Italian (or in English, French, Spanish)
  - validity in the Schengen Area/Italy
  - it states the exact coverage period (it must be not less than 6 months and maximum 1 year; notice that the duration of the residence permit will be connected to the duration of the insurance)
  - it must be clearly written the type of coverage for the medical expenses and it must have € 30,000 ceiling (expressed/converted in Euros)
  - The whole document has to be endorsed and stamped by the Italian Embassy/Consulate in your country.

- As an alternative, once in Italy you can take out a private insurance through an Italian insurance company, that will cover urgent medical assistance (surgery and accidents) in the Emergency Room (Pronto Soccorso) of any hospital.

- Otherwise, upon arrival, it is possible to subscribe to the Italian National Health Service (Servizio Sanitario Nazionale - S.S.N.). Nowadays, the price for students is € 149,77 a year; the payment is valid for a calendar year, that is, until the 31st of December of the year when the payment has been made. In order to subscribe, first you have to pay € 149,77 at any post office, by filling in the F24 form (MODELLO F24). After submitting your residence permit application, you have to go to the A.S.L. office in the area where you live (A.S.L. are the local administrative and operative facilities of the National Health Service) and apply for the subscription, bringing along: your passport, the residence permit receipt, the payment receipt of MODELLO F24.
The public coverage supplied by the National Health Service (Servizio Sanitario Nazionale) provides full health assistance - including the possibility to choose a family doctor. In the Italian health system, the family doctor gives general or 1st level health assistance, that is health care outside the hospital, hence including medical treatment in case of ordinary diseases or no-emergency health problems, and prescribes medicines and tests.

- Information about the public health assistance is available here

- Lastly, those who have a document proving their right to health assistance on the basis of treaties and bilateral agreements signed by Italy and one’s own Country, which has been issued by the Italian Embassy/Consulate in their Country, can show this document to make use of the health services stated in the agreement. For more information, it is necessary to apply to the A.S.L. in the area of residence.

If you temporarily move, are you eligible to ask for health care in your new address? How can you ask for a GP (general practitioner) temporarily?

In this case, you are eligible to temporarily health care for people who are temporary residents, even if you need the necessary documentation. For people who change their address for work related reasons, for study or for medical treatments, it’s necessary to choose a GP (general practitioner) where these people move temporarily. In addition, the stay in the new address has to be from 3 months to 1 year. After 1 year, if you need to stay longer, you can ask to be enrolled for another 12 months, and you have to present the necessary documentation. If you need access to health care you need to enroll in Servizio Sanitario Nazionale (SSN) both if you are an Italian citizen and if you are a migrant to Italy with permanent residence. For this, you have to go to the medical center of your area.

The documents you need are:
- Your ID
- Codice fiscale
- Permanent residence certificate

If you are enrolled in the Servizio Sanitario you have the right to request a GP (general practitioner), a pediatrician etc.

You need to show your Codice Fiscale everytime you need to receive medical care and social care as well as if you need medications.

If you need emergency care you can go to the emergency unit of the hospital in your area.

HOW TO CHOOSE A TEMPORARY DOCTOR:

To choose a temporary doctor you need to go to your ASL to ask for the temporary cancellation of this service. After the cancellation, you need to go need to bring your medicare, your ID and documents related to your moving. Then you need to fill in a form that you can download from the Azienda Sanitaria Locale.

In the form for the choice of your GP (general practitioner) you need to give:
- your personal data with address and address and phone number
- the declaration of your new address
- the reason why you are asking for temporary health care
- the date and the signature of the interested person
5.3.1
Emergency contacts

112
Emergency number

113
State police

115
Fire brigade

118
Ambulance (first aid)

085 4289790
Emergency Doctor every day from 20.00 to 8.00
6 Transport
6.1 Transport in Pescara and Chieti

**EXTRA-URBAN TRANSPORT**
The main line in transport to and from Pescara and Chieti is managed by TUA (Trasporto Unico Abruzzese), to which both wheeled and rail transport are entrusted. To buy tickets you can download the app ([here is the guide](#)). The website link for the complete timetables is [here](#).

One of the most necessary bus-line for incoming students is:
- **Autobus Timetable Pescara- Chieti**

In addition, other railways services are provided by Trenitalia:
- Trenitalia Lines: Trabocchi line Pescara Centrale – Pescara Porta Nuova – Pescara Tribunale (this is the nearest train station to the university building in Pescara) – Francavilla al Mare – Tollo/Canosa Sannita – Ortona – San Vito Marina – Fossacesia – Casalbordino– Porto di Vasto – Vasto/San Salvo - Montenero/Petacciato – Termoli (End of the line)

**Trenitalia Lines:** Teramo - Giulianova - Pescara centrale - Pescara Porta Nuova - Chieti - Madonna delle Piane - Chieti Staz. Centrale. To reach the university building of Chieti, you shall step out of the train at the station called **Madonna delle Piane**.

**INTERCITY TRANSPORT IN PESCARA**
Internal links are managed by TUA (all lines and timetables for working days [here](#))
(all lines and timetables for Sundays and holidays [here](#))
**Here** is the map of the local bus lines within Pescara and the surrounding towns.

**INTERCITY TRANSPORT IN CHIETI**
Internal links are managed by La Panoramica (all lines and timetables [here](#)): The main line to the university of Chieti from the Hospital and back is **Line Number 1** ([here is the link](#)).
7 Useful contacts
7.1 
Erasmus office

Erasmus office mail: incoming@unich.it
Erasmus Office Coordinator: Glauco Conte - glauco.conte@unich.it

INTERNATIONAL CONTACT POINT
Chieti Campus - Via dei Vestini, 31 - 66100 Chieti
Erasmus Office Chieti Campus receives students Monday to Friday from 10:00 to 12:00
https://www.google.com/maps?ll=42.368475,14.146866&z=20&t=h&hl=it&gl=IT&mapclient=embed

Pescara Campus – Viale Pindaro, 42 65027 Pescara
Students Erasmus Service is located at the Help Station (ground floor at the entrance).
Erasmus Office Pescara Campus receives students Monday to Friday from 10:00 to 12:00
here is the map with the pin on the destination

7.2
ESN Chieti Pescara

Erasmus Student Network (ESN) is a non-profit international student organization. The association’s mission is to represent international students, thus provide opportunities for cultural understanding and self-development under the principle of “Students Helping Students”. ESN Chieti Pescara strongly believes in the added value that mobility brings to a student’s academic life. Going abroad is a big step for a young person and many obstacles could arise. That's why the association tries to support students before, during and after their stay abroad. It offers a wide range of services such as help with accommodation, with bureaucracy and the organization of social, cultural and sport events.

ESN Chieti Pescara mail: chieti_pescara@esn.it for general information or board@esnchietipescara.eu for very important and urgent matters.

USEFUL CONTACTS
7.3 Erasmus delegates from each department

Here you can find the Erasmus Delegates from each department. Students can contact the Department Delegates for information about teaching. For information regarding specific offices, it is also possible to contact the representatives of the individual agreements.
https://www.unich.it/didattica/international/mobilita/studenti/erasmus/docenti-delegati
8

ESNcard
8.1 What is it for?

ESNcard is the membership card of the Erasmus Student Network (ESN). It gives you access to all the events and services offered by ESN and all their partners. The aim of the ESNcard (or ESN membership) is to support international students and trainees and give them access to affordable opportunities during their period abroad. With the ESNcard, you will enjoy plenty of discounts (housing, sport, food, bars, etc..) all over Europe. You will also have the opportunity to participate in hundreds of events with our ESN section and other sections around your destination country, and even beyond, for the period of your membership. On the website you can also check the full list of our national partners (Ryanair, Flixbus,...) and local partners in Chieti and Pescara (bars, pubs, shops, gym and many more) where you can use your ESNcard for special offers and discounts!

The link to see and access international discounts is: https://esncard.org/

For local discounts, you can consult the following link: Discounts 22-23.docx.pdf
8.2 How to do it?

In order to get your ESNcard, you must first sign up for the Jupiter platform to become a member of ESN Chieti Pescara:
https://jupiter.esn.it/#/registration/chieti_pescara
The ESNcard is released upon payment of the membership fee, it costs only €10 and it is valid for 1 year (regardless of the duration of your mobility).

You can pay with Verse at this link: https://verse.events/dAg4tF8asaOnf
You can also pay in the office, which is open every Monday and Wednesday from 4 pm to 6 pm. The office is in the University in Pescara, in Polo Micara Room 1.

To physically obtain the ESNcard, please bring your ID card with you and a passport-sized picture of yourself to use on your ESNcard.
After that, your card is valid to join ESN events and to enjoy local discounts. In order to have access to national and international discounts you must register on: https://esncard.org/

You can follow the procedure explained in the following video:
How to Register your ESNcard: esncard.org and Ryanair