

Uda International Staff Week 2026


21-25 September 2026

Beyond the Campus: From the Majella National Park to the
Trabocchi Coast – A Journey Through Sustainable Mobility

(Provisional) Programme

DAY 1: Monday, 21 September 2026

Welcome Day | 09:00–15:00

 *Chieti*

- Shuttle service from Pescara included.
 - Institutional greetings.
 - Group photo.
 - Campus tour.
 - Vegetarian Buffet lunch and networking.
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DAY 2: Tuesday, 22 September 2026

Nature Experience | 08:30-16:00

 *Majella National Park*

- Private bus from Pescara included.
 - Easy trekking (suitable for all).
 - Farm-to-table lunch included.
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DAY 3: Wednesday, 23 September 2026

Training session | 09:00-14:00

 *Pescara*

- Participants arrange their own transfer to the Pescara campus.
- Keynote speakers will introduce the themes of the day:
The role of universities in promoting sustainable territories.
BIP activities with a special focus on the promotion and preservation of local territories.

Participants are encouraged to showcase successful initiatives, projects, and innovative approaches from their institutions.

- International lunch – participants may bring typical products from their countries to share with their colleagues.

Evening: (optional) Informal dinner in Pescara (€ 35,00 per person).

DAY 4: Thursday, 24 September 2026

Nature experience | 08:30-16:00

Costa dei Trabocchi

- Private bus from Pescara included.
 - Cycling along the Adriatic coast.
 - Packed lunch included.
 - E-bikes included.
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DAY 5: Friday, 25 September 2026

Farewell session | 10:00-12:00

Pescara city centre

- UdA info point - Feel free to join at your convenience.
 - Final remarks, certificate distribution.
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Notes for participants:

All buses depart from Pescara main bus terminal, located in front of Pescara Centrale railway station.

Physical level: all activities are designed to be accessible; however, a basic level of fitness is recommended.

Participants who prefer not to take part in outdoor activities may stay in Pescara and visit local museums. However, participation is strongly encouraged!

Alternative programmes will be arranged in case of bad weather.

Trekking shoes and comfortable layered clothing are required for outdoor activities.

Insurance – even for EU citizens, personal accident insurance is strongly recommended.

Dietary requirements and allergies – participants will be asked to complete a form. Please note:

Day 1 lunch: vegetarian only

Days 2 and 4: vegetarian options available

Participants are encouraged to adopt sustainable practices during the week (e.g., reusable bottles, low-impact travel choices).