



La Taverna Antica

- **Address:** Largo Madonna dei Sette Dolori, 56, 65125 Pescara
 - **Phone:** +39 085 413256
 - **Email:** info@latavernantica.com
 - **Description:** A historic restaurant active since 1966, offering traditional dishes from Abruzzo with local and seasonal ingredients. The elegant and welcoming setting also includes a B&B. (latavernantica.com)
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2. Ristorante Margherita in Centro

- **Address:** Via Piave 93/95, 65122 Pescara
 - **Phone:** +39 392 3652162
 - **Email:** margheritaincentro@gmail.com
 - **Description:** A trattoria serving typical Abruzzo cuisine, featuring dishes like *mugnaia* and *anellini alla pecorara*. A warm and cozy atmosphere in the heart of the city. (2night.it)
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3. Ittico

- **Address:** Via Clemente de Cesaris, 8, 65122 Pescara
 - **Phone:** +39 327 2216499
 - **Email:** info@itticopescara.it
 - **Description:** Specialises in simple and fresh seafood dishes such as a marine cacio e pepe pasta with seared tuna enriched with Bronte pistachios. (2night.it)
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4. Vinamore

- **Address:** Via Cesare Battisti, 63-69, 65122 Pescara
 - **Phone:** +39 333 9508944
 - **Description:** Offers fried pizzas, *arrosticini* (grilled lamb skewers) and other local specialties in a cozy, characteristic and rich location near Piazza Muzii. (2night.it)
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5. Fattoria Toccaferro

- **Address:** Via Falcone e Borsellino, 1-3, 65122 Pescara
 - **Phone:** +39 085 4503565
 - **Description:** A restaurant offering reinterpreted traditional dishes with local ingredients like Majella lamb and handmade *arrosticini* (grilled lamb skewers). (2night.it)
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6. Taverna 58

- **Address:** Corso Gabriele Manthone, 46, 65127 Pescara
 - **Phone:** +39 085 690724
 - **Description:** A historic tavern founded in 1980, serving Abruzzo cuisine such as *chitarrina* (rectangular spaghetti) with mushrooms and truffle and stewed mutton. (scattidigusto.it)
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7. Da Nonna Bruna

- **Address:** Via M. Forti, 34, 65122 Pescara
 - **Phone:** +39 085 2401923
 - **Description:** A family-run restaurant offering fresh seafood dishes, including the traditional *brodetto* (soup) *pescarese*, in a simple and welcoming environment. (scattidigusto.it)
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8. Ristorante Franco

- **Address:** Via Papa Giovanni XXIII, SNC, 65126 Pescara
 - **Phone:** +39 085 66390
 - **Email:** ristorantefranco.snc@libero.it
 - **Description:** Located at the tourist harbour, it offers fresh seafood specialties with a sea view. Perfect for events and romantic dinners. (ristorantefrancodipesce.it)
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9. Ristorante Marechiaro da Bruno

- **Address:** Lungomare G. Matteotti, 54, 65121 Pescara
 - **Description:** Serves seafood, raw and cooked, and wood-fired oven Neapolitan pizza, with a seafront garden setting. (ristorante-marechiaro.it)
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10. Brigantino Gastronomia

- **Address:** Corso Vittorio Emanuele II, 386, 65122 Pescara
 - **Phone:** +39 085 28004
 - **Email:** info@brigantinogastronomia.it
 - **Description:** A deli specialised in fresh seafood dishes, also offering CDO (Controlled Designation of Origin) wines and local products. Available for takeaway and business lunches. (gastronomiabrigantino.it)
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Gluten-free restaurants:

Pipè

- **Address:** Viale della Riviera, 249, 65123 Pescara PE
 - **Description:** A seaside restaurant with a fully gluten-free menu, specialised in seafood and gluten-free pizza. Also offers takeaway service.
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Locanda da Pia

- **Address:** Piazza Sacro Cuore, 36 (Corso Umberto I), 65122 Pescara
 - **Description:** Italian restaurant with a wide range of gluten-free options. Run by an attentive owner, ensuring strict attention to cross-contamination.
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Glutenò

- **Address:** Via Venezia, 51, 65121 Pescara PE
 - **Description:** A dedicated gluten-free bakery offering fresh bread, pastries, and desserts. Ideal for breakfast and snacks.
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Amaranth - Take Away & Gluten Free

- **Address:** Via Palermo, 115, 65122 Pescara
 - **Description:** Takeaway spot specialised in gluten-free pizzas, sandwiches, and desserts. Known for its high quality and friendly service.
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SCUMM

- **Address:** Via delle Caserme, 38, 65126 Pescara
 - **Description:** Music venue with a kitchen offering gluten-free options in a relaxed, alternative setting.
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Pesciolillo Pescara

- Address: Corso Vittorio Emanuele II, 257, 65122 Pescara
 - Description: Seafood restaurant with several gluten-free dishes. Known for the freshness of its ingredients. (pesciolillo.it)
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La Stozza Gourmet

- Address: Viale Pindaro 29, 65127 Pescara
 - Description: Gourmet fast food offering gluten-free options in a modern and casual setting. Available for delivery and takeaway.
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Taverna 58

- Address: Corso Gabriele Manthonè, 46, 65127 Pescara
 - Description: Traditional and creative Italian cuisine with gluten-free options. Warm and rustic atmosphere. (taverna58.it)
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Baraonda Pescara

- Address: Corso Umberto I, 129, 65122 Pescara
 - Description: Italian restaurant with gluten-free options. Welcoming atmosphere and excellent customer service. (baraondapescara.org)
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Maison Del Celiaco

- Address: Via Raffaele Malagrida, 48, 65124 Pescara
- Phone: +39 085 417 1390
- Email: info@madopasticceriaonline.com
- Description: A specialty store offering a wide variety of gluten-free products, both fresh and packaged. (maisondelceliaco.it)