

CURRICULUM VITAE di:

Nominativo	PIETRO PORCELLI
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Posizione accademica

Macrosettore:	11
Settore Concorsuale:	11/E4
Settore Scientifico Disciplinare:	M-PSI/08
Qualifica:	Professore Ordinario
Anzianità nel ruolo:	7 anni
Sede Universitaria:	Università di Chieti-Pescara
Struttura di appartenenza (dipartimento o altro)	Dipartimento di Psicologia

Posizioni ricoperte precedentemente nel medesimo Ateneo o in altri

Periodo	Fascia	Ateneo

Pubblicazioni Scientifiche

2017-2024

Pubblicazioni indicizzate peer-reviewed (articoli)

1. Porcelli P, De Carne M, Leandro G. The role of alexithymia and gastrointestinal-specific anxiety as predictors of treatment outcome in irritable bowel syndrome. *Comprehensive Psychiatry* 2017; 73: 127-135
2. Brusadelli E, Tomasich A, Bruno S, Romanazzi A, Dagani R, Porcelli P. Effects of psychological intervention in glycemic control of patients with type 2 diabetes in integrated primary care setting. *Psychotherapy and Psychosomatics* 2018; 87: 124-125.

3. Carrozzino D, Porcelli P. Alexithymia in gastroenterology and hepatology: a systematic review. *Frontiers in Psychology* 2018; 9, art. 480 (doi: 10.3389/fpsyg.2018.00470)
4. Altamura M, Porcelli P, Fairfield B, Malerba S, Carnevale R, Balzotti A, Rossi G, Vendemiale G, Bellomo A. Alexithymia predicts attrition and outcome in weight-loss obesity treatment. *Frontiers in Psychology* 2018, 9: art.2342 (doi: 10.3389/fpsyg.2018.02432)
5. Giromini L, Viglione DJ, Pineda JA, Porcelli P, Hubbard D, Zennaro A, Cauda F. Human movement responses to the Rorschach and mirroring activity: An fMRI study. *Assessment* 2019; 26: 56-59
6. Panarese A, Pesce F, Porcelli P, Riezzo G, Iacovazzi PA, Leone CM, De Carne M, Rinaldi CM, Shahini E. Chronic functional constipation is strongly linked to vitamin D deficiency. *World J Gastroenterol* 2019; 25(14): 1729-1740
7. Marchetti D, Verrocchio, MC, Porcelli P. Gambling Problems and Alexithymia: A Systematic Review. *Brain Sciences* 2019; 9, 191 (doi:10.3390/brainsci9080191)
8. Brown P, RELISH Consortium, Zhou Y. Large expert-curated database for benchmarking document similarity detection in biomedical literature search. *Database* 2019 2019, baz085 (doi:10.1093/database/baz085).
9. Conti C, Di Francesco G, Lanzara R, Severo S, Fumagalli L, Guagnano MT, Porcelli P. Alexithymia and binge eating in obese outpatients who are starting a weight-loss program: A structural equation analysis. *Eur Eat Disorders Rev* 2019; 27: 628-640 (doi: 10.1002/erv.2696).
10. Porcelli P, De Carne M Leandro G. Distinct associations of DSM-5 Somatic Symptom Disorder, the Diagnostic Criteria for Psychosomatic Research-Revised (DCPR-R) and symptom severity in patients with irritable bowel syndrome. *Gen Hosp Psychiatry* 2020; 64: 56-62 (doi: 10.1016/j.genhosppsych.2020.03.004)
11. Porcelli P. Fear, anxiety and health-related consequences after the COVID-19 epidemic. *Clin Neuropsychiatry* 2020; 17(2):103-111 (doi: 10.36131/CN20200215)
12. Petit AM, Piazzoli A, Altamura M, Bellomo A, Bernardini F, Scarponi L, Porcelli P. Psychosomatic syndromes and symptom severity in chronic psoriasis. *Clin Neuropsychiatry* 2020; 17(4):209-216 (doi: 10.36131/cnfliorteditore20200402)
13. Iani L, Quinto RM, Porcelli P, Angeramo AR, Schiralli A, Abeni A. Positive psychological factors are associated with better spiritual well-being and lower distress in individuals with skin diseases. *Frontiers in Psychology*, 2020, 11:552764 (doi: 10.3389/fpsyg.2020.552764).
14. Iani L, Lauriola M, Angeramo R, Malinconico E, Porcelli P. Sense of meaning influences mental functioning in chronic renal patients. *Journal of Health Psychology* 2020; 25(12): 1978-1988 (doi: 10.1177/1359105318781908).
15. Lanzara R, Conti C, Camelio M, Cannizzaro P, Lalli V, Bellomo RG, Saggini R, Porcelli P. Alexithymia and somatization in chronic pain patients: A sequential mediation model. *Frontiers in Psychology* 2020;11:545881 (doi: 10.3389/fpsyg.2020.545881).
16. Conti C, Fontanesi L, Lanzara R, Rosa I, Porcelli P. Fragile heroes. The psychological impact of the COVID-19 pandemic on health-care workers in Italy. *PLoS ONE* 2020; 15(11): e0242538. (doi: 10.1371/journal.pone.0242538).
17. Prete G, Fontanesi L, Porcelli P, Tommasi L. The psychological impact of COVID-19 in Italy: worry leads to protective behavior, but at the cost of anxiety. *Frontiers in Psychology* 2020; 11:566659. (doi: 10.3389/fpsyg.2020.566659).
18. Conti C, Di Nardo M, Di Francesco G, Nicolardi G, Guagnano MT, Porcelli P. What is the "weight" of body mass index on sexual functioning in women? A mediation model. *Eating and Weight Disorders* 2020, 26, 1801-1811. (doi: 10.1007/s40519-020-00995-4).
19. Conti C, Di Francesco G, Severo M, Lanzara R, Richards K, Guagnano MT, Porcelli P. Alexithymia and metabolic syndrome: the mediating role of binge eating. *Eating and Weight Disorders* 2021, 26, 1813-1823 (DOI: 10.1007/s40519-020-00964-x)
20. Conti C, Rosa I, Zito L, Grossi L, Efthymakis K, Neri M, Porcelli P. Influence of the COVID-19 outbreak on disease activity and quality of life in inflammatory bowel disease patients. *Frontiers in Psychiatry* 2021, 12:664088 (doi: 10.3389/fpsyg.2021.664088).
21. Conti C, Fontanesi L, Lanzara R, Rosa I, Doyle RL, Porcelli P. Burnout status of Italian healthcare workers during the first COVID-19 pandemic peak period. *Healthcare* 2021, 9, 510. <https://doi.org/10.3390/healthcare9050510>.

22. Scalabrini A, Schimmenti A, De Amicis M, Porcelli P, Benedetti F, Mucci C, Northoff G. The self and its internal thought: in search for a psychological baseline. *Consciousness and Cognition* 2022; 97: 103244 (doi: 10.1016/j.concog.2021.103244)
23. Quinto RM, Iani L, De Vincenzo F, Russo F, Porcelli P, Abeni D. Does guided written disclosure reduce distress and improve psychological functioning in patients with skin diseases? *Int J Environ Res Public Health*, 2022, 19, 2943 (doi: 10.3390/ijerph19052943)
24. Altamura M, D'Andrea G, Angelini E, Tortorelli F, Balzotti A, Porcelli P, Margaglione M, Brunetti ND, Cassano T, Bellomo A. Psychosomatic syndromes are associated with IL-6 pro-inflammatory cytokine in heart failure patients. *PloS one*, 2022, 17(3), e0265282. <https://doi.org/10.1371/journal.pone.0265282>
25. Micheli N, Porcelli P, Barrault-Couchouron M, Dantzer C. Does the practice of mindfulness reduce somatic symptoms and COVID-19-related anxiety? A community-based survey. *Frontiers in Psychology* 2022, 13, 996559. <https://doi.org/10.3389/fpsyg.2022.996559>
26. Rosa I, Conti C, Zito L, Efthymakis K, Neri M, Porcelli P. Has the COVID-19 Pandemic worsened health-related quality of life of patients with Inflammatory Bowel Disease? A longitudinal disease activity-controlled study. *International Journal of Environmental Research and Public Health* 2023, 20, 1103. <https://doi.org/10.3390/ijerph20021103>
27. Conti C, Lanzara R, Rosa I, Müller MM, Porcelli P. Feeling alone in pandemic lockdown. Psychological correlates of perceived loneliness in college students before and during the COVID-19 stay-at-home period: A longitudinal study. *BMC Psychology*, 2023, 11, 60. <https://doi.org/10.21203/rs.3.rs-2166470/v1>
28. Conti C, Di Nardo M, Lanzara R, Guagnano MT, Cardi V, Porcelli P. Improvement in binge eating and alexithymia predicts weight loss at 9-month follow-up of the lifestyle modification program. *Eat Weight Disord* 2023; 28(1): 30. <https://doi.org/10.1007/s40519-023-01560-5>
29. Marchetti D, Maiella R, Palumbo R, D'Ettorre M, Ceccato I, Colasanti M, Di Crosta A, La Malva P, Bartolini E, Biasone D, Mammarella N, Porcelli P, Di Domenico A, Verrocchio MC. Self-reported mental health and psychosocial correlates during the COVID-19 pandemic: Data from the general population in Italy. *Data* 2023, 8, 111. <https://doi.org/10.3390/data8060111>
30. Taylor GJ, Bagby RM, Porcelli P. Revisiting the concept of pensée opératoire: Some conceptual, empirical, and clinical considerations. *Psychodyn Psychiatry* 2023; 51(3): 287-310. <https://doi.org/10.1521/pdps.2023.51.3.287>
31. Lanzara R, Conti C, Rosa I, Pawlowski T, Malecka M, Rymaszewska J, Porcelli P, Stein B, Waller C, Müller CM, the Cope-Corona Study Group. Changes in hospital staff mental health during the Covid-19 pandemic: Longitudinal results from the international COPE-CORONA study. *PLoS ONE* 2023; 18(11): e0285296. <https://doi.org/10.1371/journal.pone.0285296>
32. Porcelli P, Giromini L, Zennaro A. Rorschach Human Movement and Psychotherapy: Relationship with the Therapist's Emotional Responses. *Journal of Personality Assessment* 2024. <https://doi.org/10.1080/00223891.2024.2303443>
33. Porcelli P. Could We have a New Look on Projective Methods? *SIS J. Proj. Psy. & Ment. Health* 2024; 31(2): 96-98
34. Lanzara R, Conti C, Lalli V, Cannizzaro P, Affaitati GP, Giamberardino MA, Williams A, Porcelli P. Emotions in search of words: Does alexithymia predict treatment outcome in chronic musculoskeletal pain? *Stress Health*. 2024; 19: e3436. doi: 10.1002/smi.3436

Articoli su riviste italiane

1. Porcelli P. Epigenetica e psicosomatica: dal laboratorio alla clinica. *PNEI Review* 2:72-82, 2018
2. Tambascia V, Porcelli P. Microbiota e neuro-sviluppo. *PNEI Review*. 2:92-102, 2019
3. Verrocchio MC, Marchetti D, Porcelli P. Neurobiologia delle relazioni interpersonali e fattori di rischio di malattia. *Maltrattamento e abuso all'infanzia*, 20(3): 13-29, 2018
4. Porcelli P. La solitudine come determinante della salute psichica. *PNEI Review* 1:41-48, 2020

Capitoli di libri italiani e in inglese

1. Sekely A, Bagby RM, Porcelli P. *Assessment of the alexithymia construct*. In: Luminet O, Bagby RM, Taylor G.J. *Alexithymia. Advances in research, theory, and clinical practice*. Cambridge, UK: Cambridge University Press, 2018, pp.17-32.
2. Porcelli P, Taylor G.J. *Alexithymia and physical illness: a psychosomatic approach*. In: Luminet O, Bagby RM, Taylor G.J. *Alexithymia. Advances in research, theory, and clinical practice*. Cambridge, UK: Cambridge University Press, 2018, pp.105-126.
3. Sekely A, Bagby RM, Porcelli P. *Valutazione del costrutto dell'alestitimia*. In: Luminet O, Bagby RM, Taylor G.J (a cura di). *Alessitimia. I progressi della ricerca, della teoria e della pratica clinica*. Roma: Fioriti editore, 2020, pp.27-50.
4. Porcelli P, Taylor G.J. *Alessitimia e malattie fisiche: un approccio psicosomatico*. In: Luminet O, Bagby RM, Taylor G.J (a cura di). *Alessitimia. I progressi della ricerca, della teoria e della pratica clinica*. Roma: Fioriti editore, 2020, pp.161-195.
5. Porcelli P, Lanzara R, Conti C. *Rorschach Comprehensive System*. In: Lang M (a cura di). *I test che lo psicologo deve conoscere*. Milano: Cortina, 2020, pp. 299-329.
6. Porcelli P. *Pensare il lavoro psicoterapeutico*. In: Lo Verso G. *Fare psicoterapia*. Roma: Alpes, 2022, pp.75-96.
7. Porcelli P. Indicazioni sulla gestione clinica del paziente con "corpo malato". In Bara B.G. (a cura di), *Il corpo malato. L'intervento psicologico*. Milano, Raffaello Cortina, 2023, pp. 1-39.
8. Conti C, Lanzara R, Porcelli P. Il corpo malato in gastroenterologia. In Bara B.G. (a cura di), *Il corpo malato. L'intervento psicologico*. Milano, Raffaello Cortina, 2023, pp. 69-103.
9. Porcelli P, Verrocchio MC. Introduzione alla Sez.2 "Assessment in psicologia clinica". In Verrocchio M.C., *Manuale di psicologia clinica*. Padova, Piccin, 2023, pp.115-120.
10. Rosa I, Maiella R, Porcelli P. Principali sistemi di classificazione diagnostica. In Verrocchio M.C., *Manuale di psicologia clinica*. Padova, Piccin, 2023, pp.191-208.
11. Porcelli P, Ceravolo F. Modelli di psicoterapia psicodinamica per il trattamento della depressione. In Verrocchio M.C., *Manuale di psicologia clinica*. Padova, Piccin, 2023, pp.235-237.

Monografie

1. Abbate L, Porcelli P. *Rorschach Comprehensive System. Manual di siglatura e interpretazione*. Raffaello Cortina, 2017
2. Porcelli P. *Medicina psicosomatica e psicologia clinica (nuova edizione)*. Raffaello Cortina, 2022

Titoli ¹

- Partecipazione al collegio dei docenti nell'ambito di dottorati di ricerca accreditati dal Ministero:
 - Dottorato in Psicologia (Università di Chieti-Pescara)
- Partecipazione come relatore a numerosi convegni di carattere scientifico nazionali o internazionali:
- Direzione o partecipazione a numerosi gruppi di ricerca, nazionali o internazionali, legati a università
- Partecipazione a comitati di redazione di riviste Scopus/WOS o classificate da ANVUR, nonché di collane editoriali, enciclopedie e trattati di riconosciuto prestigio nel settore:
 - Research in Psychotherapy
 - Journal of Personality Assessment
 - Rivista Italiana di Costruttivismo
 - Rorschachiana

¹ In via esemplificativa sono indicate alcune voci

data

firma

_____16/07/2024_____
