

## SAME SAME

<b>Project No.</b>	101089933 ERASMUS-SPORT-2022-SCP
<b>Project Title</b>	A Capacity Building and Empowerment e-Mentorship Program for People with Intellectual/Developmental Disabilities (IDD)
<b>Project Coordinator</b>	GINASIO CLUBE PORTUGUES - PT
<b>Project Partners</b>	2 ZAJEDNICA SPORTSKIH UDRUGA GRADA RIJEKE RIJECKI SPORTSKI SAVEZ - HR 3 SPORTNO DRUSTVO GIB LJUBLJANA SSKA - Slovenia 4 UNIVERSITA DEGLI STUDI GABRIELE D'ANNUNZIO CHIETI-PESCARA - IT 5 UNIVERSITAT RAMON LLULL FUNDACIO - ES 6 JUDO KLUB OSOBA S INVALIDITETOM "FUJI" - HR 7 SMART NEST - LV
<b>Duration</b>	36 M from ....
<b>Total Funding</b>	400.000,00
<b>UdA Funds</b>	52.440,00
<b>Project Description / Abstract</b>	<p>The purpose of SAME SAME is to develop and test the effectiveness of a Capacity-building and Empowerment e-Mentorship Program that gives 50 adults with mild IDD (18-64 age) the knowledge, skills, and confidence to lead their peers with or without IDD in games and activities designed to improve functional fitness, by thoroughly:</p> <ol style="list-style-type: none"> <li>1. Developing a comprehensive assessment toolkit</li> <li>2. Developing multidisciplinary interactive training modules</li> <li>3. Gamify/Digitalize the learning modules on a freely available website</li> <li>4. Test the feasibility of the 6-month mentor's qualification and of a 3-month pilot intervention in partner community-based organizations wherein mentors with IDD will apply the acquired knowledge to their mentees.</li> </ol> <p>We expect to:</p> <ol style="list-style-type: none"> <li>1. Develop independent living and reinforce community-based services.</li> <li>2. Develop new skills for new jobs</li> <li>3. Promote Inclusive and accessible education</li> <li>4. Increase recognition of the work performed by people with IDD</li> <li>5. Improve the availability of high-quality learning opportunities for adults with IDD.</li> </ol>